

Recognize the symptoms of an opioid overdose

Respiratory depression (shallow or absent breathing) is a hallmark sign of opioid overdose, potentially culminating in a stupor or unconsciousness, **cyanosis** (bluish or grayish discoloration around lips and nail beds), and lack of oxygenation to vital organs resulting in a heart attack and death. Opioid ingestion can be confirmed once the patient is alert, but **naloxone treatment* should begin before confirming** if opioid overdose is suspected.

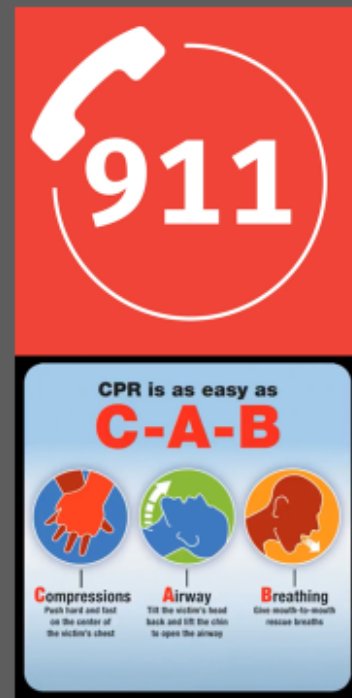
Know the signs of an opioid overdose:

- Pinpoint pupils
- Slow, shallow, or no breathing
- Gurgling or snoring
- Difficult to wake or can't wake
- Extreme drowsiness
- Cold, clammy skin
- Gray or blue skin, fingernails, or lips

*It is important to note that if naloxone is mistakenly given to someone not actually experiencing an opioid overdose, it will **not harm them**. There is no potential for addiction or other misuse of naloxone.

DO THIS FIRST →

THEN THIS IF NECESSARY →



<https://www.redcross.org/take-a-class/cpr/performing-cpr/cpr-steps>



Naloxone (brand name Narcan) is a medication used to counter the effects of opioid overdose. Once administered, Naloxone reverses the effects of the overdose allowing the individual to breathe normally. Depending on the medication form, naloxone can be injected in the muscle (intramuscular) and/or sprayed into the nose (intranasal).

Naloxone has no potential for abuse.

Web Resources →

[AZ Standing Order to Dispense Naloxone Without a Prescription](#)

[Five Essential Steps in Responding to an Opioid Overdose in conjunction with AZ Good Samaritan clause](#)

[Arizona Naloxone Education & Distribution Resources](#)

[AZ Provider Terros Health Free Training, Certification & Naloxone Kit](#)

[AZ Provider Sonoran Prevention Works Free Naloxone & Training](#)

more info

[DEA OnePill Parent & Educator Toolbox of Resources](#)

[DEA Real vs. Fake Pill Identification](#)

[Get Smart About Drugs: Drugs Teens are Using & How They Find Them Online](#)

[DEA Article on Drug Trafficking on Social Media Targeting Kids](#)

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