



ABOUT STEVE

Described by my colleagues as having high intellect and high integrity, my closest friends would add serious and deeply thoughtful, but also whimsical, light-hearted and fiercely generous and kind.

As a man of faith, I operate from a deep and abiding sense of commitment – to my family, community, and an ever-expanding sphere of concerns where I might make a substantive and lasting impact. While described as a leader, I only really care about making a difference.

Giving, and giving generously, is my 'Why'.

CATALYZING CONCERNS

- ✓ Leader-Leader cultural transformation (giving command & releasing control to eliminate the Leader-Follower Model)
- ✓ mentorship, and coaching the next generation of servant leaders *from within* the addiction community
- ✓ driving decriminalization & expanding harm reduction locally & nationally
- ✓ driving dignity, equality & inclusion by honoring our commonality while respecting our diversity
- ✓ being a force of nature for the community concerns of mental health, addiction disorders & homelessness

CONTACT INFO

mobile:
480-409-0030 – OK to text

email:
steveb@narrativescoaching.com

web:
<http://www.narrativescoaching.com>

LinkedIn:
<https://www.linkedin.com/in/stevebarnard/>

STEPHEN S. BARNARD

RECOVERY COACH | MENTOR | SERVANT LEADER

BUSINESS LEADER, RECOVERY COACH, OUTDOOR ADVENTURE GUIDE

LEADERSHIP

- ✚ 33 years as a successful technologist & business leader – highly-skilled with business management and strategy execution
- ✚ Trusted advisor to executive decision-makers and thought-leaders – strong business leadership & success acumen
- ✚ Voracious lifetime learner, current with how people, process & technology drive personal transformation & shape community
- ✚ Mature mentor & coach – servant leader inside-out – relentless advocate for Gen-Y and Gen-Z development and maturation

ADVENTURE

- ✚ Accomplished outdoor adventure enthusiast and semi-professional guide – >25 years of climbing, biking, hiking, etc.
- ✚ 15 years guiding climbing, mountain biking, canyoneering, & back-country primitive travel (Wilderness First Aid certified)
- ✚ 25 years as an accomplished rock climber – trad, sport & bouldering – comfortable guiding & teaching all aspects, especially safety protocols & techniques
- ✚ Skilled technical mountain biker (cross-country & downhill)

RECOVERY

- ✚ >14,250 days of continuous sobriety (>39 years) from drug & alcohol addiction – skilled with co-occurring addictions
- ✚ Skilled 12-step sponsor, mentor & coach, but also strong advocate for Multiple Pathways – the Recoveree guides the process in a way that best serves them
- ✚ Strong advocate for the neurobiological approach to addiction treatment - neuroplastic habituation re-programming as a function of rewards pathway abuse

COACHING

- ✚ Certified Life Coach – ICF-recognized Professional & Master Life Coach accreditations (Certified Life Coach Institute)
- ✚ CCAR-trained Recovery Coach – working to secure the Recovery Coach Professional (RCP) designation
- ✚ Life Coach – passionate about helping people eliminate the social- & self-imposed stigmatizations preventing them from exploring, discovering & reaching their fullest potentials
- ✚ Business & Career Coach – skilled at helping people see through their blind spots and the negative narratives preventing them from becoming their very best selves

PERSONAL PASSIONS & INTERESTS

faithful husband & father | loyal friend | community volunteer | accomplished musician | aspiring chef | passionate & committed to finding solutions to the opioid epidemic, addictions & homelessness